



TOP GEAR

Rotary Club of Madras Industrial City

NEWS LETTER

Community
Services

Club
Services

Family
Meet

Making
Waves



CLUB ID: 50167

CHARTER DATE:
19/12/1996

Rtn. S.Arvind
President

Rtn. Capt Raghu
Achat
Secretary





FOREWORD FROM THE PRESIDENT

Dear Fellow Rotarians,

As we reach the midpoint of our Rotary year, it's a pleasure to reflect on the impactful work we've accomplished together. This newsletter offers a snapshot of our club's activities over the past six months, showcasing the dedication and passion that drive our commitment to service.

We have been actively engaged in serving our community through various initiatives, upholding the Rotary motto of "Service Above Self." I am particularly proud of the diverse range of projects we've undertaken, addressing crucial needs within our community.

Our annual Blood Donation Camp was a resounding success, collecting 492 units of blood and potentially saving numerous lives. This vital contribution to our local healthcare system underscores our commitment to community well-being. Furthermore, the Ortho Camp we organized in Kannathur, provided much-needed medical care to residents who often lack access to specialized services. The positive impact on the villagers was truly inspiring.

I also want to commend the dedicated efforts of our Anns, who have been instrumental in conducting multiple medical screening camps. These camps have provided valuable health screenings and education to a significant number of people, promoting preventative care and early detection of potential health issues.

I am delighted to share that PDG J Sridhar has received well-deserved recognition for his exceptional contributions to Rotary and the community. He was awarded the International Service Award for a Polio-Free World - which honors Rotarians who have made outstanding contributions to the polio eradication efforts.

It's also important to acknowledge the diverse talents and achievements within our Rotary family. Many of our Rotarians, Anns, and Annettes have achieved significant milestones in their personal and professional lives this past half-year. They reflect the high caliber and dedication of the individuals who make up our club, and we are proud to celebrate their successes.

This newsletter is a testament to the collaborative spirit of our club. I extend my sincere gratitude to each and every member, including our Anns and Annettes, for their contributions, time, and unwavering support. I also thank our community partners for their collaboration in making our projects a success.

As we look ahead to the next half of the year, I am confident that we will continue to make a positive difference in our community and beyond. I encourage you to read through this newsletter and be inspired by the work we do together.

Wishing you all a very Happy New Year.

Rtn Arvind S
President 24-25

R C M I C

INSTALLATION



The installation of **President Aravind S** and his team was conducted on **11 July** and attended by **DG NS Saravanan**, **DS Vidhya Ragu** and the **District Team**. We had about **150 attendees**.



INSTALLATION





Community Services

Blood Donation Camp

30 Aug 2024: A mega blood donation camp was conducted in Gumudipoondi in partnership with SAC Engine components, VHS Blood Bank & Adyar Cancer Institute. **492 units** of blood was collected. Of which 42 were from women donors. This was the highest number of women achieved so far. 5 Drs and approx 40 medical staff were mobilised for this. The project cost of **Rs 4.5L** was sponsored by **SAC Engine components Pvt Ltd** out of their CSR funds..





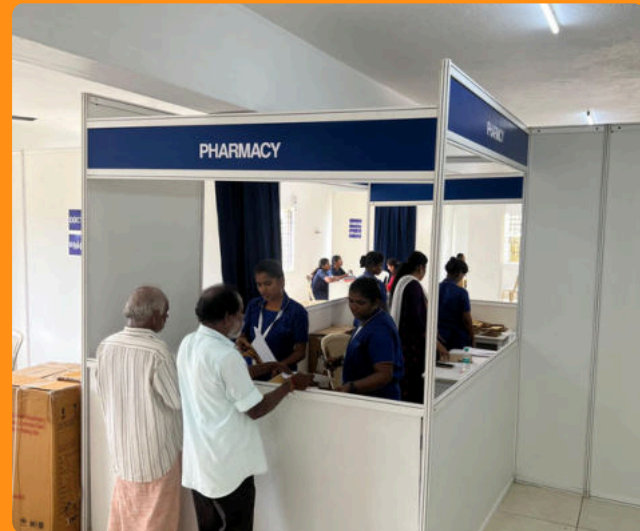
Free Ortho Camp

19 Oct 2024: On the occasion of World Arthritis Day, RCMIC in association with AMET University, Karpaga Vinayaga Medical College & Hospital and Trauma & Orthopedic Speciality Hospital (TOSH) conducted a free Ortho Camp at Kanathur Village, ECR, CHennai.

A total of **250 people** from kannathur and neighbouring villages walked in and obtained free checkup, advice and medicines. This included dexa Scan and physiotherapy advice.

10 Rtns, 5 Anns, 8 Drs, 12 Nursing staff, 13 paramedics and 10 students participated. A total of approx 2.5 L was spent on Medicines, crutches, walking aids and spinal corsets which were distributed to the patients.

Rtn Sunil Sahi donated 20k while IPP Rtn Balakrishnan donated 25k.





Basic Education And Literacy : Construction of a Classroom

16 Jul 2024 : Construction of a classroom at Avadi Corporation Higher Secondary School, Thirumullaivoyal was completed and handed over for usage. Approx 10L was spent. This was co-sponsored by APA Engineering Private Limited who contributed 50% thru their CSR Funds.

This benefits over 50 students immediately and on a recurring basis for the years to come.

Dental Camp

02 Aug 2024 : ROTAGH (Rotaract club of Tagore Dental College and Hospital) in collaboration with Department of Oral Pathology and Public Health Dentistry have conducted an oral screening camp on 02.08.2024 at councilors office ward 88 2nd venue Annanagar west extension, from 9 am to 2.00pm. Co Hosts : Rotary club of Madras Industrial City & Rotary club of Chennai Metro zone. 140 people benefitted. 7 Rotarians and 11 Rotractors were involved in this project.



Health camp to benefit T. Nagar slum residents.

15 Aug 2024 : Our club Anns celebrated the Independence day by doing a Health camp to benefit T. Nagar slum residents. They joined Hands with Ambika Health services a cooperative society for weaker section and focused on Women and child health

- General health check up.
- Lung Screening
- Follow up support for TB patients
- Free physiotherapy consultation and treatment
- Cancer awareness
- Breastscan by Lifeline hospital



Location: AMBIKA CLINIC
T. NAGAR
Date 15.08:2024 Thu Time:
10 TO 1PM
Total OP : 60
FIBROSIS SCAN: 45 . FREE
MEDICINES : 60, Pediatric : 5
Doctors: Kala Suresh, MBBS,
DTCO, FCCP. General
Consultant & LUNG
specialist.

Rotary District 3234 THE MAGIC OF ROTARY

INDEPENDENCE DAY CELEBRATION ON 15TH AUG 24
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ANNS CLUB OF RC MADRAS INDUSTRIAL CITY

AMBIKA MULTI STATE HEALTH SERVICES FOR THE WEAKER SECTION
CO-OPERATIVE SOCIETY LTD

FREE MEDICAL CAMP DATE: 15/08/2024 (THUR)
TIME: 10:00 AM to 2:00

Dr. Kalasuresh, MBBS, D.T.C.O, F.C.C.P (General Health and Lung Specialist)

FREE CONSULTATION AND MEDICINES

• Women and child health • General health check-up • Lung Screening
• Follow-up support for those diagnosed with TB
• Free Physiotherapy consultation and treatment

The health camp organized by Ambika Health Services, a cooperative society for the weaker section, was executed seamlessly and efficiently. The event provided valuable health services to the community. Beneficiaries were keen to learn about the current state of the health industry and preventive measures. They were particularly interested in learning more about Pap smears and how to access these services. This demonstrated the growing awareness of cancer prevention among women, who expressed a desire to educate themselves and others.

Anns Punitha, Anjali, Priya, Nalini, Pradeepa, and Nirupama participated in the project.

Breast Cancer Awareness

27 Oct 2024: Students from ROTAGH (Rotract club of Tagore Dental College and Hospital) mentored by RCMIC, Department Oral Pathology, Dept of PHD and CRRI, took part in Cancer Awareness Walkathon called "One Walk One Hope" conducted by CAN-STOP and Rotary International Dist 3234, at Island Grounds. CAN STOP is an initiative of Sundaram Medical Foundation and they conduct this awareness event every year along with Rotary International during the month of October, being the Breast Cancer Awareness Month.



Disease Prevention And Treatment : Breast cancer screening camp

25 Jul 2024 : The camp utilized the advanced I-Breast screening technology to examine 16 women, with a particular focus on those from low-income backgrounds. The screening camp was organized and executed with the primary objective of early detection of breast cancer. The camp featured a comprehensive screening process using the I-Breast technology. Dr. J.S. Rajkumar, the esteemed Director of Lifeline Hospital, was present to emphasize the significance of regular breast cancer screenings and to elucidate the key differences between mammograms and I-Breast screenings. A total of 16 women underwent the I-Breast screening, including the Anns. All participants tested negative for breast cancer, a result that brought immense relief and happiness to everyone involved. The I-Breast screening camp at Lifeline Hospital was a resounding success. The camp serves as a testament to the hospital's commitment to community welfare and the importance of preventive healthcare.



World Beach Day - Beach Cleaning

05 Sep 2024: On World beach Day RCMIC participated in the Awareness program on keeping beaches clean.



World Heart Day

26 Oct 2024: As part of the World Heart Day, RCMIC co sponsored the event held at Dr MGR Janaki College of Arts and Science. The event was attended by over 350 students, teachers and others. RCMIC contributed Rs 5000/- towards this event. 3 Rtns and 3 Anns attended. Ann Uma Maheshwari conducted a session on Yoga exercises which aid in keeping the heart healthy. This session was well received.



World Polio Day

24 Oct 2024: As part of the World Polio Day, RCMIC co hosted the awareness event held at Koyambedu Metro Station . Thru the awareness event, volunteers from RCMIC were able to reach out to over 50 citizens of various age groups and spread awareness about the Polio Plus vaccine and its benefits. 5 Rtns and 2 Anns attended.



World Toilet Day

19 Nov 2024: Education series on world toilet day, release of posters & videos by DG NS Saravanan



Cervical Cancer Detection

23 Nov 2024: Our November Project on Cancer Awareness. We conducted a free pap smear test for women from Anna nagar Slums at the counsellor office. Date 23/11/24 Time 9.45 am Venue Anna Nagar councillor office Testing partner - Neuberg Diagnostic

Waste Segregation at Source

28 Nov 2024: A session on Waste Segregation at Source and Composting of kitchen Waste was conducted in association with Dist 3234 in Ethiraj College, Chennai. Mr Natarajan Founder - Namma Ooru Foundation delivered the session. DG NS Saravanan also addressed the audience. A total of about 150 students and teachers attended the session. President Rtn Aravind delivered the welcome note. RCMIC contributed 12,000/- towards this project.





Perumbakkam

23 Nov 2024: ARISE Charitable Trust approached us with a request to sponsor Christmas gifts for 30 children. We sent them coloring books, puzzles and coolers. These gifts were distributed in a big tenement in Perumbakkam. A needy and deserving place to do our project. Will be doing some more projects here in the coming months.

Newyear with Children in Egmore Hospital

28 Dec 2024: Our Anns Club in association with NGO golden butterflies conducted a Christmas and New Year celebration at the Egmore children's hospital.

We Distributed 150 kits consisting of Bag & a fruit cake.

An Origami stall was put up. Handled by Anns Sumitra, Giri & Pradeepa, Annettes Sumithra, Hari, Haran & Anirudh.

Annettes Sanjana, samyukta & sashvathi gave an energetic dance performance and enthralled the kids and parents alike.



Rehabilitation Effort

06 Dec 2024: The impact and Damage from cyclone on community was not direct and its difficult to know from outside the struggles of our fishermen community as they face loss of any earning opportunity for over 10 days+ due to ban on venturing into sea for fishing. RCMIC contributed towards 110 Kits totalling to Rs 33,000/- towards the rehabilitation effort of Dist 3234. Rtn Dr Sai lead the effort for the Dist. 500 Kits were distributed.



Project DIA

26 Oct 2024: Project DIA celebrated Diwali with children at Jnanagni Trust. The Anns provided new clothes, snacks, and chocolates. New clothes, jangris and murukus for all 34 boys and girls, plus sarees for the teaching staff and cooks were distributed. Ann Punita emphasized the importance of Diwali and education. Games, cracker bursting, and a sponsored dinner were enjoyed by all.



VOCAATIONAL SERVICES

Computer Teacher for Govt School

06 Sep 2024: The club is funding the salary of a computer teacher for the 11-12 grades in Alappakkam corporation school. The funds have been provided for by the Rtns of RCMIC, they have come forward to fund it for 6 months. The teacher was screened by a member of the club to ensure adequate standard and level of skill/knowledge. The funding of Rs 15,000 each month for 6 months will be funded by donations by members. Approx 300 students would benefit from this initiative.



Nation Builder Award 2024

28 Sep 2024: RCMIC was one of the lead clubs for this years Nation Builder Award 2024 organised by the Dist 3234. 92 teachers from various streams were nominated and awarded. Apart from teachers from traditional subjects, this year the scope was expanded to cover Sports, Arts, teachers who were Blind, Deaf & Mute were also covered. RCMIC nominated Kiruba Ebenezer (Economics), Princess (Chemistry), Bridget Pretty Alphonse (English) from CSI MONAHAN MAT HR.SEC.SCHOOL.



Installation of Rotract Club Of Bhaktavalsalam Memorial College for Women

21 Aug 2024: The installation ceremony of Bhaktavasalam Memorial College for Women was conducted. Rtr Akalya and Rtr Sadhana were inducted as President and Secy along with their board.



Installation of Rotract Club Of Vishwahita

04 Aug 2024: Rotract Club Of Vishwahita is sponsored by RCMIC. President Sai Lokesh was installed and his team was inducted.





Pipes Pumps and filter or is it just sugar?

27 Sep 2024: Dr MC Deepak (Senior Consultant, Madhav Diabetes Centre, Apollo hospitals) delivered a talk on handling Diabetes and its effects..



Physical Well Being- Facts & Myths

15 Nov 2024: We hosted a talk by Dr Poornima Venkat titled Physical Wellbeing - Facts and Myths. Dr Poornima a practicing Physiotherapist. conducted a very interactive session on aspects of well being, early signs of degradation of physical capabilities, remedies and the need for a good lifestyle.



Life Of a Soldier

26 Jul 2024: On Kargil Vijay Diwas, we had invited a veteran Rtn Col Bhupinder Singh to give us a talk on the topic Life of a Soldier. He gave us an inspiring talk covering his career and gave interesting insights on the life in the Army.



Madras - The city of Firsts

02 Aug 2024: A talk by Rtn Usha Kumar RCM Midtown. It was an interesting session covering the history of Madras and the many firsts to its credit.

FAMILY MEET



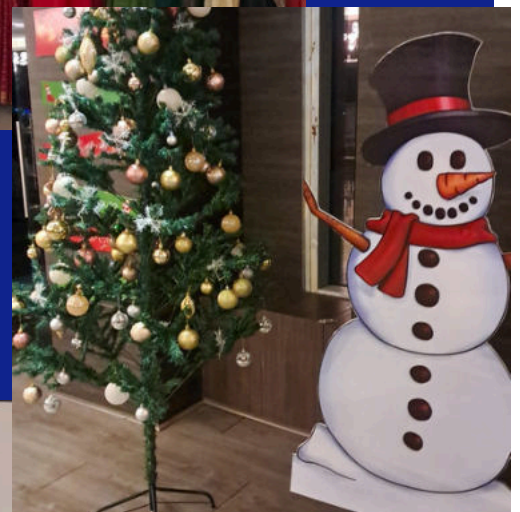
Onam Celebration

31 Aug 2024: Onam was celebrated with traditional festivity and fervor. 35 Rtns, 25 Anns and 13 Ants attended the event. The entrance to the venue was decorated with an elaborate pookalam by the Anns & Ants. The event featured a skit by the Ants on the significance of Onam and the story of King Mahabali. This was followed by a traditional kerala dance, Kaikottikalli, by the Anns & Ants.

Christmas & New Year Celebration

22 Dec 2024: Xmas & New Year celebrations were conducted in IIT Alumni Center.

Rtn Subramanian was felicitated for the continued successful conduct of the annual blood donation drive. The Anns who took part and won the enwrap district competition were felicitated. The Ants who participated in the Dist Raft and won were also felicitated.





Annettes Installation & Family Meet

19 Oct 2024: The Annette's team was inducted. Ant. Sumithra Raghu took over as the President, Ant. Samyukta as the Secretary and Ant. Nimai Pasupleti as Treasurer were inducted. Rtn. Dr. K. Laalithya Rotary club of Adelaide was also present and flags were exchanged. Rtn. Barbara Bedi & Ant Haleema from the district were present. New member, Mr Karthi Chandramouli was inducted into RCMIC.

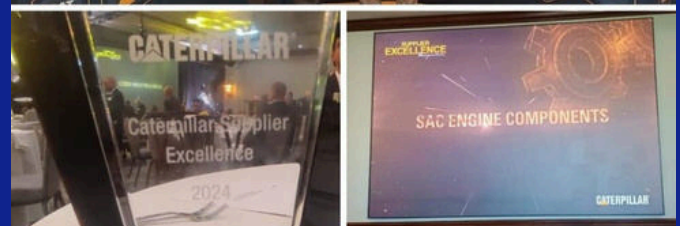


MAKING WAVES

PDG Sridhar received the *International Service Award for a Polio-Free World* - which honors Rotarians who have made outstanding contributions to the polio eradication efforts from the RI President Stephanie Urchick 2024-25 in the presence of RI President Nominee Sanghoo Yun 2026-27



SAC Engine components under the leadership of Rtn Subramanian bags *Best Supplier* award from Caterpillar. 30 were chosen from among 22,500 suppliers globally.



PP Emily Titus received the *Best Principal* award among CSI Madras Diocese Matriculation / Hr. Secondary. Schools



Rtn Dr Sai Krishna was elected as a member of the Executive Committee at the 31st IAOMP (Indian Association of Oral and Maxillofacial Pathologists) conference at Kodaikanal. He scored a hat trick by getting elected thrice in a row.



Rtn Gopinath received the *CEO Club Award* from Mr. Anand Roy, CEO of Star Health, at Tokyo, Japan! for the new business sourced for FY 2023-2024. He was one of the only 12 agents from Chennai and 20 agents from Tamil Nadu to achieve this recognition.



Anns Nirupama, Krithika, Anjali, Chindu, GiriSudha, Saraswati & Pradeepa led by Ann Punita took part in this mega event and won first place. Lots of effort has gone into it from their side in prepping, kitting & practicing. Aably supported by Anns Rani, Bhuvana, Selvi & Ant Sumithra.

Rtn Janakiraman won IFCR platinum cup for this year with Team Blau. He was the co owner & vice captain of the team



Rtn Gaurav Jain captained Chennai Friends to victory at IFCR Bengaluru Rotary Champions Trophy. His team had the distinction of being undefeated in the tournament as well.

Rtn Capt Raghu Achat was awarded *The Progressive 100* award at the CIO100 Awards 2024



Rtn Gopinath received the *League of Extraordinaire Award* from Mr. Shobhit Jain, Executive Vice President of HDFC Ergo General Insurance in Dubai! He was one of just 2 agents from Tamil Nadu and 53 from India to achieve this recognition.



Rtn Shivshankar was selected as a Grand Finalist in the *Sur Sartaaj Season 2 Contest* held in Lucknow. He won the *Special Performer* award.



Rtn Capt Raghu Achat was invited to be part of the panel at *The Hindu AI Summit* and presented thoughts on “*AI’s Role in Transforming Business Operations*”

Annette Arjun Kalyan was one of the coaches of the Indian Women's chess team which won the Gold in the 45th chess olympiad held in Hungary . Here he is featured with the PM Narendra Modi along with the winning team.



Annettes Sashwathi, Samyukta won the first place in the couples category of RAFT 2024. Annette Sumithra was awarded the 2nd place in the Miss RAFTS category

Annette Shaambavi Passupuleti graduated from the Welcomgroup Graduate School of Hotel Administration at Manipal Academy of Higher Education (MAHE) on November 9th 2024, in Manipal . She completed a four-year Bachelor's degree in Hotel Management.



Ant. Sumithra Raghu successfully completed her Masters Degree in Economics from the prestigious Madras School of Economics.

Annette Tarun Gopinath was selected to attend "Semester at Sea", a floating study abroad program on the MV World Odyssey vessel, partnered with University of Colorado.

Rotary District 3234 partners with SAS to select two candidates for an Interport Studentship, who will travel with 800+ students from across the world, on board to the India port from the previous port of that voyage at no cost. Tarun sails on the Spring 2025 Voyage#135, from Penang, Malaysia to Kochi, India, a 10 day long journey.



Ant Anirudh Achat represented his college in the intercollegiate Amritha University games and secured 2nd in Cross-Country and 3rd in 4*400 Relay.

Ant Neeraja Karthi participated in the *Singing Sensation 3234* event conducted by RC of Chennai Coastal and has been selected to compete in the finals to be held on the 5 Jan 2025 at Taj Connemera

